

**7 DAYS** IS A PATHWAY THROUGH THE WEEK  
THAT TAKES YOU FROM A WEEKEND MESSAGE  
TO A DEEPER UNDERSTANDING OF GOD'S WORD.  
USE IT BY YOURSELF OR INCORPORATE INTO  
YOUR LIFE GROUP.

## DISCOURAGED?

STEVE MICKEL  
MAY 29, 2011

 **Day 1 - LISTEN & DISCUSS**

Key Scriptures: Ruth 1-4

Totally discouraged Totally encouraged  
0 ... 1 ... 2 ... 3 ... 4 ... 5 ... 6 ... 7 ... 8 ... 9 ... 10

\_\_\_\_\_ even if  
you are discouraged.

\_\_\_\_\_ to  
encouraging relationships.

\_\_\_\_\_ in your redeemer.

\_\_\_\_\_ when everything  
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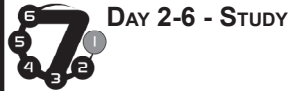
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Discuss: What have you been left without?



DAY 2-6 - STUDY

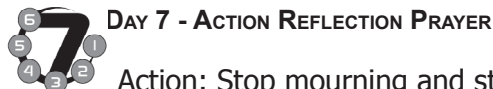
Day 2: Read Romans 11:25-32 Is there any similarity between disobedience and discouragement? Why do you think God's mercy can be a remedy for both?

Day 3: Read Romans 12:1-8 What about this passage leaves you most encouraged?

Day 4: Read Romans 14:12-23 Do you see any key ideas in these verses that might help you in encouraging others?

Day 5: Read Romans 16:17-20 If Paul wrote a letter to Westside Church, what do you think it would say about our environment of encouragement?

Day 6: Read Psalm 60 Sounds like David could have written this psalm while living in our current times. Try writing your own psalm (song) about your discouragement. Keep the last verse the same and shout it triumphantly!



DAY 7 - ACTION REFLECTION PRAYER

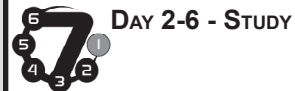
Action: Stop mourning and start serving! Taking your eyes off of your discouragement and encouraging someone else is the best way to stir up joy in your heart. Make a point to do that very thing every day this week.

June 1 - Kurios and Cascade Life Commission Graduation  
June 1 - Morning Prayer and Worship  
June 2 - FUEL Mens Group  
June 4 - Dads in Action Mens Group  
June 4 - Motorcycle Tour Riding  
June 4 & 5 - Celebration Weekend (Ministry Showcase & Atrium Open)  
June 4 & 5 - Return Baby Bottles for Pregnancy Resource Center

find out more at the Information Center or [westsidechurch.org/event-calendar](http://westsidechurch.org/event-calendar)

*DON'T MISS THIS!*

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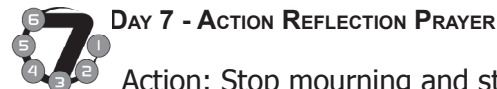
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