

7 DAYS IS A PATHWAY THROUGH THE WEEK THAT TAKES YOU FROM A WEEKEND MESSAGE TO A DEEPER UNDERSTANDING OF GOD'S WORD. USE IT BY YOURSELF OR INCORPORATE INTO YOUR LIFE GROUP.

SWEAT
SCOTT McBRIDE
FEBRUARY 20, 2011

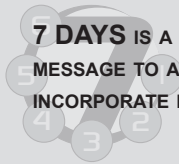


Day 1 - Listen & Discuss

KEY SCRIPTURE: JOHN 4:1-35

THREE SIMPLE VERBS THAT WILL MAKE ME SWEAT:

DISCUSS: WHAT MAKES YOU SWEAT? HAS YOUR LOVE FOR GOD EVER GOTTEN YOU 'WORKED-UP'?



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DAY 2-6 - STUDY

DAY 2: READ PSALM 23 WHAT KIND OF 'SWEAT IT OUT' LOVE AND DEPENDENCE DO YOU SEE IN THIS PSALM?

DAY 3: READ NUMBERS 9:15-23 AT THE COMMAND OF THE LORD, THE ISRAELITES WOULD PACK UP AND MOVE OR STAY. WHAT WOULD THIS KIND OF ACTIVE OBEDIENCE LOOK LIKE IN YOUR LIFE?

DAY 4: READ ACTS 28:26-27 WHAT KIND OF ACTION DOES THIS VERSE SAY THE PEOPLE OF GOD NEED?

DAY 5: READ MARK 4:35-41 HAVE YOU EVER BEEN IN A STICKY SITUATION LIKE THESE DISCIPLES? HOW DID GOD CALM YOUR SEAS?

DAY 6: READ PSALM 29 WHERE DOES THE STRENGTH AND POWER TO SWEAT OUT GOD'S LOVE-IN-ACTION COME FROM?



DAY 7 - ACTION REFLECTION PRAYER

ACTION: IS THERE SOMETHING YOU USED TO BE PASSIONATE ABOUT BUT HAVE SINCE LOST THE DESIRE OR STRENGTH TO FIGHT FOR? WHAT GOD DREAMS MIGHT YOU NEED TO RE-VISIT OR BE OBEDIENT TO? LET GOD'S LOVE POWER YOU TO SEE THE WAY HE DOES, GO WHERE HE IS CALLING YOU TO GO, OR DO SOMETHING THAT TAKES A LITTLE GOD SWEAT TO ACCOMPLISH!



GRIEF SHARE

Support Group starting for those who have lost a spouse, child, family member or friend. Class begins March 7. Call Sue Ellen 541-330-5006.



SNOWMOBILING

Meet at 9 am in the Westside Church parking lot with sled in tow. From beginners to advance, everyone is welcome. Bruce: 541-388-1560.

Westside Church Family General Fund Budget Update:

Average weekly giving forecast for February 2011: \$ 52,073
Actual average weekly giving for February 2011: \$ 52,645
Year-to-Date we are 10% below our giving forecast for 2011.



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